

Action Plan – Community

This worksheet is designed to help readers develop a community action plan using information provided in Chapter 21 (Community) of [The Provident Prepper: A Common-Sense Guide to Preparing for Emergencies](#).

Community Relationship Action Plan

Now that we have reviewed how to build a strong network or community, it is time to develop a written action plan. You may not be in a position to organize your community. Do what you can to build strong relationships and make your neighborhood better because you live there. Your immediate neighbors may be a poor choice to build a survival team from and you may need to expand your geographical circle to find a better support system.

Remember that protecting life always comes first. Everything else is just stuff. Close neighbors can be a great asset or potentially a dangerous threat due to the close proximity of homes. Work on these relationships. Build trust and learn to depend on one another through regular seemingly insignificant acts of service. Have fun together. Proactively help each other routinely so you will be ready to help each other survive. Trust the group’s collective decisions.

Develop a survival team, whether from individuals in your neighborhood or comprised of like-minded people you can trust. Look for a variety of skills, experience, and resources to balance out your group. The best characteristics for group members might include; integrity, resilience, strong work ethic, adaptable, willing to learn, and a strong desire to contribute to the welfare of the entire group.

Community Relationship Action Plan		
Building your survival network		
Assignment or Task	Notes	Done
Meet and build a friendly relationship with each neighbor on both sides of your street five houses in both directions.		
Plan to perform routine acts of service to residents in your neighborhood. Implement that plan and keep it up.		
Carefully consider individuals who may be valuable and trustworthy in your survival group.		
Become a certified CERT member.		
Help to implement an organized disaster preparedness plan in your neighborhood.		
Be a good neighbor.		

Recommended Disaster Preparations

Individual Family Preparedness Checklist

We recommend each family work toward being as self-sufficient as possible.

Minimum Recommendation	Notes	Completed
Communication		
Family band radios with battery back-up		
Channel _____ Privacy Code _____		
Water Storage		
Two gallons per person per day		
Two week supply minimum		
Water purification device		
Food Storage		
2-12 week supply of shelf stable foods		
Longer term storage items		
Heating Source (non-electric)		
Safe alternative heating method to keep your family warm for at least 2 weeks.		
Warm clothing for each family member.		
Extra blankets		
Improve your home's energy efficiency (increase insulation, check for cold or hot entry points, add weather stripping)		
Home Safety and Security		
Watch and report suspicious activity		
Keep doors and windows locked.		
Secure water heaters, tall furniture, and heavy pictures or mirrors to the wall.		
Education		
Complete a CERT class series		
Take CPR and First Aid courses		
First Aid Supplies		
Maintain a well-stocked first aid kit in your home and vehicles		
Survival Kits		
Prepare and maintain a survival kit for each family member and vehicle.		
Other		

Neighborhood Resource Survey

Pre-Disaster Assessment of Family Skills and Resources

Disclosure of information is optional – All information confidential!

Family Name:		
Address:		Phone number:
General Skills	First Name	Resources
Appliance repair		Alternative heat source
Automotive repair		Air compressor
Computer skills		ATV
Day care training		Axe
Foreign language		Back hoe/bulldozer
Ham radio – call sign _____		Bicycle
		Boat/canoe/raft
Machinist		Camper/motor home
Seamstress		Canning equipment
Small engine repair		Chain saw
Other		Cook stove (specify)
Construction Skills		Cribbing material/pry bar
Carpet installation		Crutches/walker
Concrete work		Fan (heavy duty)
Electrical		Flatbed truck
Engineer – type _____		Four wheel drive vehicle
Finish carpentry		First aid supplies
General construction		Fuel (specify)
HVAC		Hammer (Jack or sledge)
Heavy Equipment Operator		Lanterns
Landscaping		Medical supplies
Locksmith		Pickup truck
Painting		Port-a-potty
Plumbing		Portable water pump
Roofing		Portable generator
Sheetrock/texture		Portable heater (specify)
Welder		Radiation equipment
Other		Radio, portable AM/FM
Medical Skills		Radio, amateur
CERT		Radio, FRS, GRS, Walkie-talkies
First Aid		Repelling gear
Professional – type _____		Rope, < 50 feet
Government/Utilities		Saw, non-electric
Firefighter		Snow plow
Military		Tent (specify size)
Police/Sheriff		Water Purification
Utilities (type)		Wet/Dry Vac
Other		Winch/Come-a-long

Confidential information to be kept in binder at block captain's home.

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Emergency Contact Information Sheet

This form to be used only in the event of an emergency and is kept confidential.
Include each member of the household.

Family Name:	Email address:
Address:	Email address:
Home Phone:	
Emergency contact (outside of household):	
Emergency contact (outside of household):	

Name	Age	Cell Phone	Work/School Number

List special needs, allergies:

Critical medications:

Special instructions:

This form should be kept in a binder at the block captain's home. The information should be used only in the event of an emergency. If there is a house fire, medical emergency, or other need to contact family members, this list is priceless. The emergency contacts should be a next-of-kin contact who lives outside of the home.