

Action Plan – Sanitation

This worksheet is designed to help readers develop an effective emergency sanitation action plan using information provided in Chapter 9 (Sanitation) of [The Provident Prepper: A Common-Sense Guide to Preparing for Emergencies](#).

Good sanitation practices always make sense. However, in an emergency situation, it is critical to implement good sanitation techniques. It can make the difference between sickness and health, and possibly even life and death. Our challenge to you is to carefully think through the sanitation needs of your family. Educate family members as to the importance of good sanitation practice and how it applies to your family plan.

Use this worksheet to create a workable plan, set realistic goals, and get to work to accomplish those goals. Remember that an idea that looks good on paper may not work effectively in reality. Practice to make sure it works for you!

Sanitation Action Plan			
Sanitation Category	Item	Purchased	Practiced
Showers/Bath			
Baby or wet wipes			
Expedient toilet options			
At home			
Away from home			
Solid waste disposal			
Burn			
Compost			
Short-term storage			
Bury			
Pest and rodent control			
Traps			
Poison			
Cat or dog			
Food storage protection			
Clean areas			

Sanitation supplies			
Toilet paper			
Soap			
Hand sanitizer			
Oral care			
Deodorant			
Disinfectants			
Clorox bleach			
Calcium hypochlorite			
Vinegar			
Baking soda			
Alcohol			
Lysol			
Other			
Disposable gloves			
Garbage bags			
Feminine products			
Disposable diapers			
Reusable toilet paper			
Cloth diapers			
Paper towels			
Laundry			
Washing			
Laundry detergent			
Drying			
Clothes line			
Clothes pins			
Dishwashing			
Dishwashing liquid			
Dishcloths			
Bleach for sanitizing			
Paper plates/supplies			